

# COMPANIONABLE SILENCE

Working (or reading, or doing) alongside each other



## Suggestions for shared etiquette (to be agreed)



We greet each other at the beginning



You decide what you do: work, read a book, tidy up, write letters, stare into space...



If there is a lot of noise where you are that could distract others, consider muting your mic



It's OK to ask someone to mute their sound if there are sounds that distract



It's OK to leave early



It's OK to stay longer



If you want to share something at the end, please do



We say goodbye at the end